

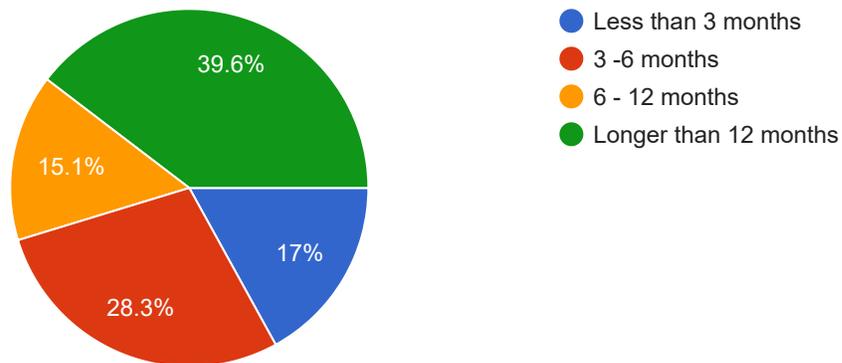
# Pelvic Partnership Survey: Your access to healthcare and treatment

53 responses

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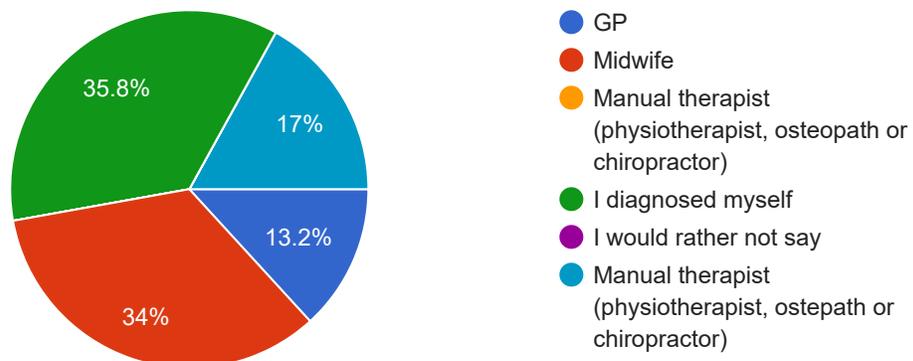
## 1. How long have you experienced pregnancy-related pelvic girdle pain (PGP)?

53 responses



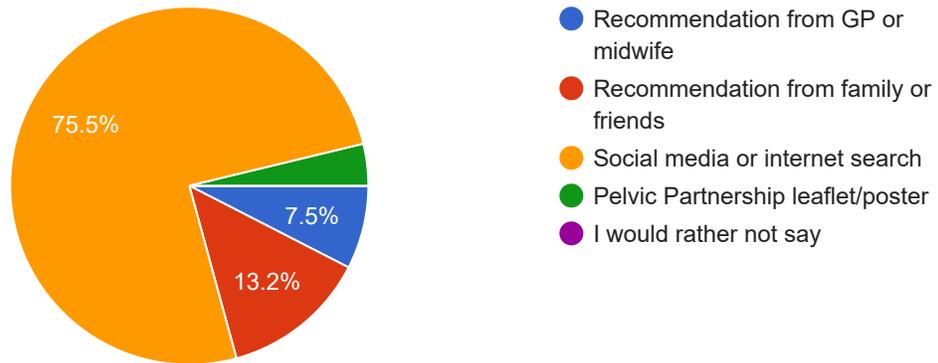
## 2. How were you diagnosed with PGP?

53 responses



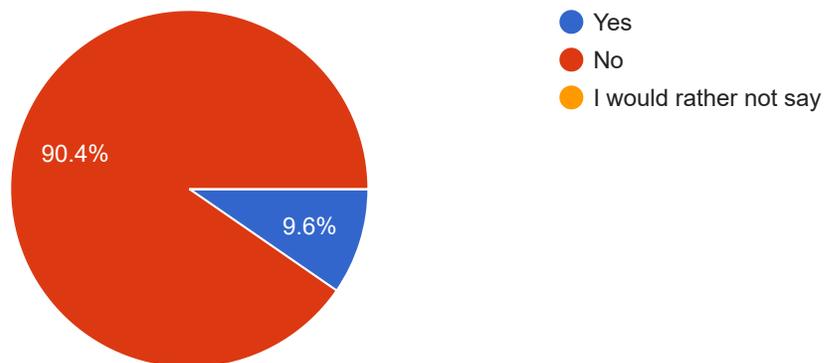
### 3. How did you hear about the Pelvic Partnership?

53 responses



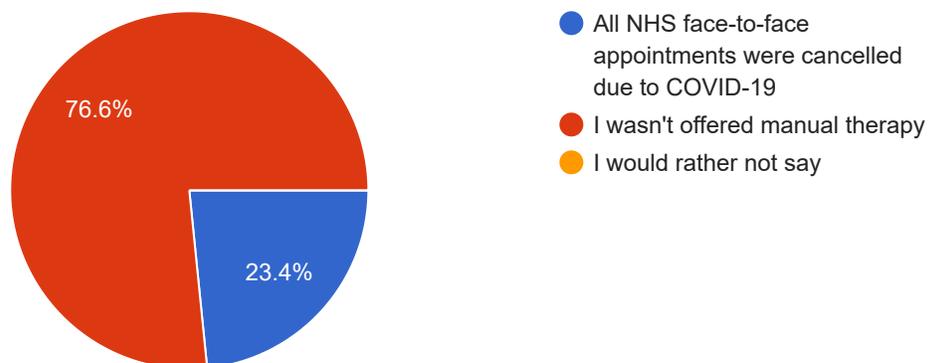
### 4. Have you had manual therapy on the NHS?

52 responses



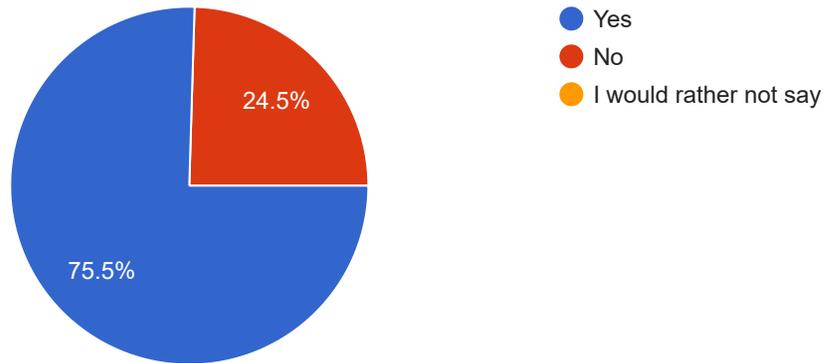
### 5. If you answered no to question 4, is this because:

47 responses



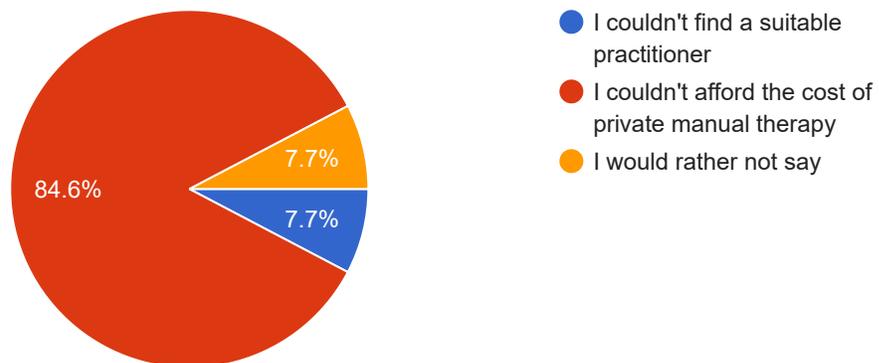
## 6. Have you had private manual therapy?

53 responses



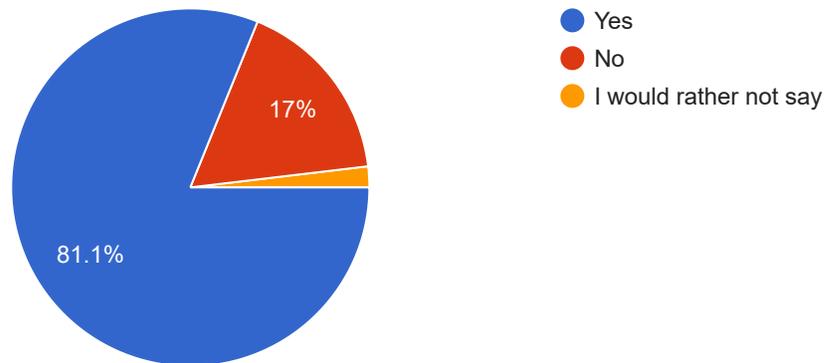
## 7. If you answered no to question 6, is this because:

13 responses



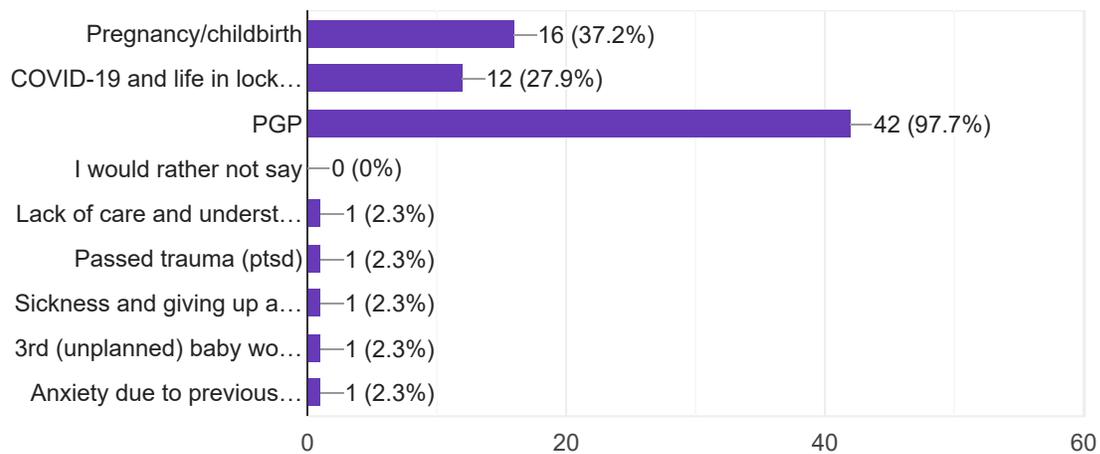
### 8. Did you experience any problems with your mental health during or after your pregnancy?

53 responses



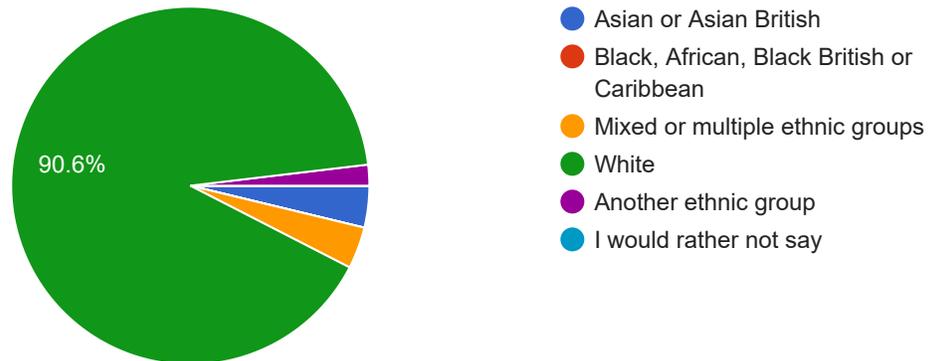
### 9. If you answered yes to question 8, can you outline any factors that affected your mental health and wellbeing?

43 responses



10. Could you please select the ethnic group that you belong to:

53 responses



11. Do you have any further comments or suggestions on how the Pelvic Partnership could improve access to healthcare services and manual therapy for women with PGP?

21 responses

Impossible but get physios to do MT! Not just exercises

I had to fight for over a year to get manual therapy on nhs- when I finally got it, I was allowed 9 sessions. I think putting pressure on nhs to provide MT for PGP, reminding them that even though the NICE guidelines are guidelines they highlight best practice, which shouldn't be ignored. The negative affect PGP has had on myself and my family could have been reduced if they'd followed the guidance.

I think women who complain of the pain are sometimes just told that it's normal in pregnancy. I think at the first sign of PGP a physio referral should be sent. I am still awaiting a referral a week later and have not been able to move properly for over a week. It's basically been left too long. I've contacted a private physio now however, I don't believe that I should have to be paying for this .

Improve awareness and knowledge - easier said than done but more funding is key. You kept me pregnant and surviving by having a local recommended private practitioner on your website, thank you.

It would be great if midwives were all educated in the severity of ngn and were able to



